



**FOR IMMEDIATE RELEASE**

**11 April 2016**

### **Effective prevention will require shift in mindset as well as design**

Over 80 health and care leaders will come together today (11 April) to discuss and debate the integral relationship between prevention and new models of care.

The gathering is co-hosted by the Local Government Association, NHS Confederation, NHS Providers, NHS Clinical Commissioners to help spread the learning from the Vanguard programme more widely across the health and care sector.

One year on from the launch of the original 29 partnerships, the Vanguard programme represents a notable shift in the approach to the design of health and care services in England. The event will hear that a true change in attitudes towards prevention and wellbeing will be crucial for the success of new models of care.

Professor Sir Muir Gray, a leading consultant in public health, will address the audience, stressing the importance of giving parity to the pillars of prevention and early intervention in the development of a sustainable future care system.

#### **Sir Muir Gray said:**

"Prevention of disease is very high value healthcare, and even more important, the measures that reduce the risk of disease also help people who already have a disease or long term condition feel better and live longer and better. Furthermore, we now know we can prevent or delay the onset of dementia and disability so we need to move away from thinking that we either prevent or treat disease. We encourage and support everyone, of every age to remember there is only One You and take action to feel better."

#### **Samantha Jones, director of the new care models programme, said:**

"The NHS Five Year Forward View identified three 'gaps' that needed to be closed if health and social care services are to be sustainable in the longer term – funding and efficiency; care and quality; and, health and wellbeing. The 50 new care model vanguards are focused on all three, including improving the wellbeing of their local population by preventing ill health. This includes giving people far greater control of their own care."

#### **Chris Hopson, chief executive of NHS Providers, who will be chairing the event, said:**

"The primary message from the *Five year forward view* - from which the Vanguards were born - is that the future health of our population, the sustainability of the NHS, and the country's economic prosperity depend on a radical upgrade in prevention and public health.

"To achieve this, we need a truly tangible change to our mindset, a shift from viewing communities and people as having needs, to one which understands and empowers people as assets.

"By bringing our members from across the whole health and care landscape together we can practically focus on local health economy collaboration to develop new care models."

The event, '[New models of care and the prevention agenda: An Integral Partnership](#)', will showcase a range of examples of great care around the country, demonstrating how improved preventative care can rebalance the relationship between the individual and the system.

The day is aimed at enabling the service to share learning on the implementation of new care models and specifically how to address the health and well-being gap outlined in the Five Year Forward View through the development of new care models and by collaborating with local partners.

**ENDS**

#### **NOTES TO EDITORS**

1. The **NHS Confederation** represents 85 per cent of NHS providers and commissioners. The organisation has nearly 500 members across health and social care, including hospitals, community and mental health providers, ambulance trusts and independent sector organisations providing NHS care. It is the only membership body to bring together and speak on behalf of the whole NHS.
2. The **Local Government Association** works on behalf of councils to ensure local government has a strong, credible voice with national government. The organisation aims to influence and set the political agenda on the issues that matter to councils so they are able to deliver local solutions to national problems.
3. **NHS Clinical Commissioners** (NHSCC) is the independent membership organisation representing clinical commissioning groups (CCGs) in England. We currently have 91% of CCGs in membership. Our job is to help CCGs get the best healthcare and health outcomes for their patients and local populations. We give CCGs a strong collective influencing voice from the front line to the wider NHS, national bodies, Government, Parliament and the media.
4. **NHS Providers** is the membership organisation for NHS acute hospitals, community, mental health and ambulance services. It acts as the public voice for those NHS trusts, helping to deliver high quality care by promoting shared learning, providing support and development and shaping the strategic system in which our members operate.
5. **Professor Sir Muir Gray** is a consultant in public health, leading the Better Value Healthcare initiative. He is also a lead for the Value Based Healthcare Programme at the University of Oxford, and the author of numerous books on value, including *How to get better value healthcare*.

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